

## Two Rivers Senior Center

#### **MARCH 2020**

#### **LOCATION**

1520 17th Street Two Rivers, WI 54241 P: (920)793-5596 www.tworiversseniors.org FB: Two Rivers Senior Center

#### **HOURS**

M-F 8:00 am - 4:00 pm

#### **STAFF**

#### **Senior Center Supervisor**

Tammy Desten P: (920)793-5590 E: tamdes@two-rivers.org

**Program Coordinator** 

Michelle Michels

P: (920) 793-5597

E: micmic@two-rivers.org

#### **Nutrition & Volunteer Coordinator**

Serena Kreie P: (920)793-7266 E: serkre@two-rivers.org

Amber Monka **Assistant Cook** Penny Fabian

**Head Cook** 

#### **WHAT'S INSIDE**

- **Spring Watercolor Classes**
- Card Making with Carolee
- 8-16

  - 24
  - **Activity Calendar**



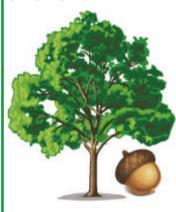
The Two Rivers Senior Center is an accredited Senior Center with the Wisconsin Association of Senior Centers

The Two Rivers Senior Center is also a member of the following:

- \*Coalition of Wisconsin Aging Groups
  - \*American Society of Aging
  - \*National Council on Aging
- \*Wisconsin Parks & Recreation Association

#### **Acorns to Oak Trees**

The Two Rivers Senior Center is hosting the 3rd and 4th grade student council students (Acorns) on Tuesday, March 24 from 9:00 am to 12:30 pm. This morning we'll connect our generations through activities, conversation and fun.



We will be playing Bingo starting at 10:45. Please join us in the Koska Room if you are interested in spending some time with these students.

Looking for another way to participate? For \$5.00 your student sponsorship will cover lunch for one of the students. Stop in the Senior Center office to submit your sponsorship.

## Spring Watercolor Mondays @ 1:00 ~ ~ March 2 - April 6

Learn the techniques and processes of watercolor in these relaxed and informal classes, led by Jerry Levanetz. All supplies are provided and you will take home a new piece of art after each class. Sign up for as many classes as you would like.

\$18.00 per class for members \$23.00 per class for guest (\$3.00 discount if paid by cash or check)

Pre-registration required - space is limited.

Register in the Senior Center Office or by calling 793-5596

with your credit card payment.



#### **Bowling at Rudy's**

Wednesdays 9:15 am
Bowlers always welcome!

#### **Our Mission**

The Two Rivers Senior Center, a division of Parks & Recreation Department of the City of Two Rivers, is committed to providing an active and productive lifestyle for adults in the community through diversified volunteer opportunities, advocacy for adults, programming for health, recreation, education and community affairs.

## **ALIVE & AWARE**

7 week WELLNESS Program - March Sessions at the Two Rivers Senior Center



All sessions start at 1:30 pm in the Senior Center. Please register in advance by call 920-793-5596. FREE for Two Rivers Senior Center members \$3.00 per session for guests Light snack provided.

Each session you attend in full, your name will be entered for a door prize to be drawn on March 17.

#### Sauve's Computer & Supply

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#### LIGHTHOUSE INN

#### SAVE at the Water's Edge 1515 Memorial Dr., Two Rivers, WI • (920) 793-4524

- Two French toast triangles & two bacon or sausage 5.5
- Rise 'n Shine Burrito 8
- Two eggs, hashbrowns & toast 7
- Two eggs, two bacon or sausage, hashbrowns & toast 8.5
- Two egg ham & cheese omelet with toast 6.5
- Cranberry maple nut oatmeal brulee 7

Coupon must be presented to server when ordering. No substitutions. Valid Mon-Sat Only. Coupon not valid on Holidays or with Captain's Card. One coupon per group. Valid through Dec. 30, 2019

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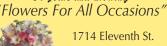
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## Bake Sale

#### Tuesday, March 17

(8:00-4:00 while supplies last)



Mound Bars \$1.50 / piece

St Patrick's Day Cookies \$2.00/2 cookies



#### Card Making with Carolee

March 12 @ 1:30 pm

Create your own stamped cards with guidance from Carolee. Each workshop you will take home 3 home-made cards.

\$8.00 Members; \$10.00 Guests (cash or check only please) Payment reserves your spot.

All materials are supplied.

Please sign up in the Senior Center Office at least one week before class is scheduled.

The Senior Center Library offers shelves full of books, DVD's and puzzles available for our members to take home and enjoy without a due date. Just stop down, browse to your heart's content and select your favorites! When you are finished, bring them back for others to enjoy.

#### **CREATION STATION**

Friday, March 20 @ 10:00 am

Join Miranda from River Woods in creating something fun and new each month.



This month - Easter Bunny or Chick

Please register in advance to make sure that we have enough materials for everyone.

Register by calling 920-793-5596 FREE to members; \$3.00 guests

#### **Foot Care**

Includes towel, foot soak, toe nail clipping and light massage.

Call 793-5596 for your appointment.

(8:30 am - 11:30 am)



\$25.00 Checks payable to **Sharon Glandt. RN** 

Wednesday, March 4 Wednesday, March 18 Wednesday, March 25



\$25.00
Checks payable to
Pat Nickels, LPN
Wednesday, March 11

\$25.00 Checks payable to **Lisa Taylor, RN Friday, March 13** 



#### Ballroom Dancing

6 week Program Wednesday's 1:30~3:30pm May 13~June 17

Learn the elegant and skillful styles of ballroom dancing (while getting in some exercise) that Denis Kosloski will teach us. Beginner styles include swing, rumba, waltz, cha-cha, tango, salsa, polka, and disco. Wear comfortable clothes and shoes (jeans & tennis shoes are fine).

Fee for the 6 week program (sign up in the Senior Center office):

- (2) Members: \$40
- (1) Member (1) Guest: \$45
- (2) Guests: \$50

All cash/check payments receive a \$5 discount Let us know if you're interested but looking for a partner.

Must have a minimum of 5 couples - please sign up by May 1 in the Senior Center Office or by calling 920-793-5596.



#### 66th Annual Volunteer Dinner Monday, April 20th Lighthouse Inn

PPRECIATION
Invitations will be mailed to our volunteers who have recorded at least 5 hours of volunteer time during 2019 in our My Senior Center system.
Please call Tammy at 793-5590 if you haven't re-

ceived your invitation by April 6. A delicious dinner will be served at Noon, followed by a short program, at the Lighthouse Inn on Monday, April 20.

Stop in at the Two Rivers Senior Center reception desk no later than April 10 to pick up your dinner ticket if you plan on attending.

Thank you to the Two Rivers Rotary Club for their continued support and sponsorship of this event.



#### PEOPLE HELPING PEOPLE CHORE PROGRAM

This program is a referral program for MEMBERS of the Senior Center. The chore list contains categories that individuals volunteer to have their names included. When members pick up a copy of the list, it is then their responsibility to contact the worker, agree on the conditions of the job and the price to be paid. The Two Rivers Senior Center does not recommend any individual, or guarantee their work. This information is provided as a community service. If you are not a member there is a \$2.00 charge for this list. Stop in or give us a call at 793-5596, if you would like to have your name added to the list. Categories include; Concrete, garage cleaning, mowing lawn, edging, painting walls, snow removal, house cleaning, cooking, laundry, moving, pet cleaning, pet walking, window washing, car washing, etc...



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Contact Tina at 920-682-7320 or email: river.hill@att.net Mon-Fri: 8am-2pm

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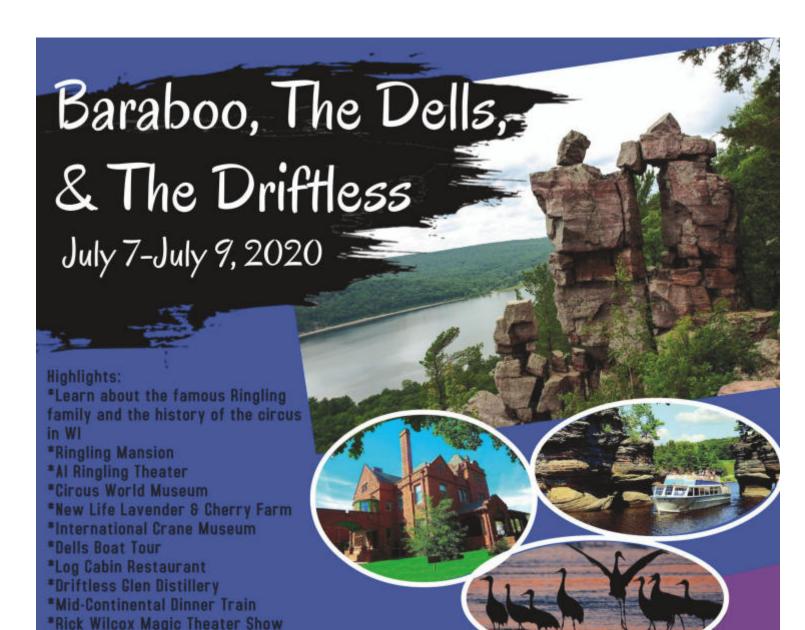
Or visit: www.walkintubinfo.com/save

## NEVER MISS A NEWSLETTER!

Sign up to have our newsletter emailed to you at www.ourseniorcenter.com







Single \$825 Double \$725 Triple \$700 Quad \$685

\*"Legally Blonde" at the Palace

\*Ho Chunk Hotel & Casino

Theater

\$25 cash/check discount \$250 due at signing. Opens March 2 Balance Due by June 5 Sign up at the Two Rivers Senior Center or by calling 920-793-5596 with your credit card.

Price includes motorcoach, admissions, hotel, entertainment, staff escort, gratuities, 2 breakfasts, 3 lunches, and 2 dinners.

#### Travel Guard Optional Cancellation Insurance.

35-59 years 60-69 yrs 70-74 years 75-79 years \$54 \$74 \$107 \$132

## Holland's Tulip Time & The Eastern Shores of Lake Michigan Tour May 4 - May 8, 2020

Our journey begins traveling around Lake Michigan through South Haven and up to Saugatuck where we will enjoy a sand schooner ride through the Saugatuck Dunes. In Holland we will stay at the Courtyard Marriott Downtown Holland. This upscale hotel is just minutes from the city and includes many amenities.

Highlights of Tulip Time:

\*Holland City Tour with Dutch-costumed guide.
\*Windmill Island Gardens featuring America's

only authentic working Dutch windmill-de Zwaan

\*The Dutch Food Court at Marktplaats

\*Nelis' Dutch Village

\*"People's Parade" with reserved grandstand seating

\*Veldheer's Tulip Farm and Deklomp Wooden
Shoe & Delft Factory

\*Dutch lunch served by local church volunteers

\*Dinner & a performance by The Texas Tenors \*Two-hour dinner cruise on the Holland Princess

\*Family-style dinner at The Beechwood Grill

\*Frederik Meijer Gardens and Sculpture Park with time to look through the indoor gardens and take a tram through the sculpture gardens.

\*"Fiddle Fire" show by the Panning Family
On the way home we will spend time in Indiana
at the Albanese Candy Factory, lunch at Tiebel's
Family Restraurant, and The Shrine of Christ's
Passion.

The Two Rivers Senior Center in cooperation with KBC Tours

#### Travel Guard Optional Cancellation Insurance

	35-59 yrs	60-69 yrs	70-74 yrs	75-79 yrs
single	\$101	\$137	\$184	\$225
dbl/tpl/quad	\$75	\$103	\$143	\$176

\$1715 single \$1275 double \$1120 triple \$1075 quad

\$50 cash/check discount \$350 down payment due at signing. Opens Feb 3.

(Cancellation insurance optional, due with down payment-see chart. Any/All cancellations must go through Travel Guard Group Plan. The Two Rivers Senior Center will not process any cancellations.) Balance Due by April 3.

Price Includes: motorcoach, tour escort, admissions, dinner cruise, entertainment, reserved parade seating, 4 breakfasts, 4 lunches, 3 dinners and gratuities.

Sign up between February 3 - April 3 at the Two Rivers Senior Center or by calling 793-5596 with your credit card.

#### 2020 Bus Trips - Save the Dates

September 28-October 3: Mackinac Island

Details coming soon. Pricing TBD Registration opens April 15.

October: Columbus, OH Extended Trip

Details coming soon. Pricing TBD Registration opens April 15.

#### November 12: Beauty and the Beast

Based on the smash hit 1991 Disney movie and dating back to a late 18th-century classic French fairy tale, Beauty and the Beast tells the story of Belle, a beautiful and intelligent young woman who feels out of place in her provincial French village. - at the Palace Theater in the Dells. \$135 members; \$145 non-members (\$5 cash or check discount) Registration opens May 15.

#### December 10: Christmas Stars

Our spectacular, holiday-themed extravaganza celebrates and honors the joy of the season with a mix of secular and

religious music, dance, scenes and plenty of fun! - at Xavier Fine Arts Theatre in Appleton. Pricing TBD

Registration opens May 15.





\$133 Members \$143 Guests

check discount

Includes- coach bus, tour escort, meals, goodies, stelf escort, gretaities.

Deports 700om from Senior Center 750em from Mtwc Perkins Pork & Ride Approximate Time Home 900pm REGISTER B4 MARCH 20

Musland Glazed Griffed Salmon with carrot pures, roosled mushrooms

applies, dried crenberries, welnuts, Gorgonzole Cheese, mixed greens & ometo with a Honey Citrus dressing Short Rib Strogenoff with mushrooms, raested cerrats, pees, & peste

Stop in the Two Rivers Senior Center office or call with your credit card to reserve your spot. Full payment require time of registration, 920-793-5596 REGISTRATION FEBRUARY 3 - MARCH to

Two Rivers Senior Center "Always an Adventure " In cooperation with KBC



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- Rent assistance programs based on income
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"What Happens in Vegas"

at The Fireside Theater

Thursday, June 18 2020

For over 70 years Las Vegas has been the

entertainment capital of the world. Just about every great entertainer has appeared in Las Vegas over the last seven decades. The world's best singers, dancers, musicians, and comedians have flocked to this city where dreams become reality. This show will pay tribute to many of those legendary performers from Frank Sinatra and the Rat Pack to the contemporary artists of today. What happens in Vegas won't stay in Vegas - it's here for you to enjoy!

Members \$145 Guests \$155

\$5 cash/check discount

REGISTRATION: February 3-May 28

Lunch: Fresh Summer Salad with Raspberries, Mangoes, Candied Pecans, and Cheddar Cheese on Arugula & Kale with Raspberry Vinaigrette served with Freshly Baked Breads. Reuben Chicken: Skinless Breast of Chicken, dipped in egg and lightly breaded & sauteed to a golden brown, topped with Reuben Pate with Corned Beef, Sauerkraut, and Swiss Cheese, resting on a Garlic Cream Sauce. Served with Yukon Gold Potato Wedges and Green Beans with Parisian Carrots. Lemonade Cake: A refreshing rich lemon cake garnished with Strawberry Sauce and fresh Whipped Cream. Coffee, Tea and Milk



Reserve your spot with full payment at the Two Rivers Senior Center or by calling 793-5596 with your credit card.

7:25am depart Two Rivers Senior Center 7:45am depart Mtwc Perkins Park & Ride 6:00pm approximate arrival home



# BASEBALL GAME

Wednesday, June 24, 2020

Brewers VS Blue Jays

Members \$78
Guests \$88
\$3 cash/check discount

9:00 AM DEPART TWO RIVERS SENIOR CENTER
9:20 AM DEPART MTWC PERKINS PARK & RIDE
5:30 PM APPROXIMATE ARRIVAL HOME

Reservations February 3 - June 3 in the Two Rivers Senior Center or by calling 793-5596 with your credit card. Full payment required at time of reservation.

#### Highlights of Bavaria & Austria Oberammergau Passion Play

9 days departing September 9, 2020







Rome & the Country Roads of Tuscany 9 days departing October 27, 2020

#### Highlights:

\* Tours

-Munich -Salzburg -Vienna -Marienplatz

\*Reserved Seating at the Passion Play

\*The Sound of Music site in Mondsee

\*Scenic Danube River Cruise

#### \$5875 double / \$7425 single

Call for availability

Stop in the Senior Center for a brochure or to sign up and find out about discounts. 920-793-5596

#### Highlights:

\*Tours: Sienna, Florence City, Rome City

\*Sienna Walking Tour \*Leaning Tower of Pisa

\*St. Peter's Basilica

\*Tuscany Winery Visit & Tasting

#### \$3895 double / \$4520 single

\$500 down payment; \$1000 due by 08/13/20

Stop in the Senior Center for a brochure or to sign up and find out about discounts. 920-793-5596

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See trip details at our website: www.baybusgb.com Phone# for sign up is 920-468-7738 or 920-680-3977, Craig or Diane

#### Iwo Rivers **Family Restaurant**

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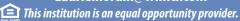
#### **Mueller Manor Apartments**

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SENIOR/ DISABLED AFFORDABLE HOUSING. Rent is 30% of your adjusted gross income.

Call **920-682-8628** 

Laurie.nordin@wimci.com







## At the Fireside Theatre Thursday, September 10, 2020

From the creators of Evita and Jesus Christ Superstar comes one of the most popular musicals of the last 50 years. This telling of the biblical story of Joseph and his brothers is filled with great music, costumes, laughter, joy, and heart. Utilizing many different styles of music from pop/rock to country to musical comedy this sparkling show follows young Joseph as he faces adversity and triumphs through his dreams and his strong, unwavering faith.

#### Members \$145 Guests \$155

(\$5 cash/check discount)

Reserve your spot March 2 – August 20, with full payment, at the Two Rivers Senior Center or by calling 920–793–5596 with your credit card payment.

Includes: motorcoach, staff escort, lunch & gratuity, and show.

7:25 am depart Two Rivers Senior Center 7:45 am depart Mtwc Perkins Park & Ride 6:00 pm approximate arrival home

## MANU

Butternut Squash Soup Fresh Baked Breads

Beef Short Ribs slowly braised in beef stock and dressed with a red wine demi-glaze. Served with Garlic and Herb Whipped Potatoes and Roasted Shaved Brussel Sprouts with Bacon.

Brandy Old Fashioned Cake Coffee, Tea, and Milk

#### TWO RIVERS SENIOR CENTER BUS TRIP POLICIES

#### Trip Sign Up

Sign up for trips will be taken as trips are announced or as per the date on the flyers. Signups can be taken over the phone with payment by credit card, or in person with payment by cash, check or credit card. One person can sign up multiple participants.

#### Day Trip Bus Loading Order

The computer system keeps track of sign up order and names will be called according to the sign up list. There may be seats reserved in the front or in the back of the bus for medical purposes.

If a traveler needs to sit in a particular area on the bus, a medical release from a physician must be on file in our office. Accommodations are made accordingly.

#### **Cancellation Policy**

Refunds are not issued if a participant cannot make a trip, but, depending on the date of cancellation, the Senior Center may call people on the waiting list and if someone fills in, a partial/full refund may be issued. Cancellations for bus trips up to two weeks prior to the trip date, will be non-refundable. Insurance may be offered for extended trips. Reservations are non-transferable unless authorized by the Two Rivers Senior Center office. (Any same day transfers will incur a \$15.00 fee payable before joining the trip).

Participants Must Be Independent or travel with a caregiver.

#### **Unannounced Trip Changes**

While all care is taken in keeping to the scheduled itinerary, there may be an occasion when a substitution of a part of a trip may be made due to unforeseen circumstances beyond our control.

#### Additional Trips May Be Announced

We may add trips to our schedule during the year as opportunities arise.

#### Illness on a Trip

In case of illness, the trip escort will ensure that participants receive appropriate medical care, but the escort will remain with the group.

#### Don't Like To Travel Alone?

Our Goal is the same as

Your Goal...

Stop in and put your name on our Partner List, and we'll introduce you to another traveler on the trip.





THE



Lon Raatz

(920) 553-4805

Russell Up



#### MARCH MOVIE MATINEES

(Showing at 1:00 pm)



FREE for Members; Non-Members are welcome for \$3.00 each.

Movie Matinees, along with refreshments, are sponsored by

\*TRIAD of Two Rivers \*The FRIENDS of the Two Rivers Senior Center.

#### **CLICK**

Monday, March 2

Rated PG-13 (1 hr 47 min)

Architect Michael Newman stumbles on a universal remote control that gives him the power to pause or fast-forward through his life. Soon, Michael finds himself realizing how much of his family life he's sacrificed for his high-powered career.

Starring: Adam Sandler, Kate Beckinsale, David Hasselhoff, Henry Winkler (2006)



#### **ROCKETMAN**

Monday, March 9 Rated R (2 hr 1 min)

This one-of-a-kind musical biopic embarks on the spectacular journey of Elton John in his rise to fame. With incredible performances of Elton's most beloved songs, discover how a small-town boy became one of the most iconic figures in rock & roll.

Starring: Taron Egerton, Jamie Bell, Bryce Dallas Howard (2019)



#### **UNSTOPPABLE**

Monday, March 16

Rated PG-13 (1 hr 38 min)

It's a nail-biting race against time as an unmanned train carrying a load of lethal chemicals speeds out of control, and a conductor and engineer do everything in their power to keep it from derailing and killing tens of thousands of people. Denzel Washington leads the cast in Tony Scott's toughminded action thriller, in which a terrible circumstance forces a couple of ordinary men to become extraordinary heroes.

Starring: Denzel Washingon, Chris Pine, Rosario Dawson (2010)



#### THE BEST OF ENEMIES

Monday, March 23

Rated PG-13 (2 hr 13 min)

A timely drama that centers on an unlikely relationship between Ann Atwater, an outspoken civil rights activist, and C.P. Ellis, a local Ku Klux Klan leader who reluctantly co-chaired a community summit, battling over the desegregation of schools in Durham, North Carolina during the racially-charged summer of 1971. The incredible events that unfolded would change Durham and the lives of Atwater and Ellis forever.

Starring: Sam Rockwell, Taraji Henson, Anne Heche, Wes Bentley (2019)



#### THREE TO TANGO

Monday, March 30

Rated PG-13 (1 hr 38 min)

When up-and-coming architect Oscar Novak (Matthew Perry) sets out to befriend wealthy business tycoon Charles Newman (Dylan McDermott) in the hopes of landing a high-profile, lucrative contract, he never expects to fall for Newman's mistress, Amy (Neve Campbell) – complicating the deal. See, Newman isn't gay, as Novak assumed, so real feelings in this love triangle force Novak to decide between his heart and his career. Oliver Platt co-stars.

Starring: Matthew Perry, Neve Campbell, Dylan McDermott (1999)







Serving struggling older adults by creating and advancing effective solutions that help them secure the essentials.

## 2019 AARP Volunteer Tax-Aide Federal/WI Income Tax Preparation Service

The Two Rivers Senior Center offers this program (geared toward elderly, low income taxpayers in need of assistance). AARP volunteers are trained to prepare and electronically file **Homestead** or **Simple** Income Tax returns. **Please stop in or call the Two Rivers Senior Center 793-5596 to schedule your appointment.** 

#### Appointments will be scheduled on Thursdays.

Please stop in before your scheduled appointment to pick up your information packet which includes your intake/interview form. You will need to bring the completed intake/interview form to your appointment with the other necessary paperwork.

#### Elder Benefit Services at the Two Rivers Senior Center

#### Homestead Tax Credit only

If you rent or pay property taxes, and qualify, we can help you apply for the Homestead Tax Credit.

Appointments can be made for March 5, April 2 by calling the ADRC at 683-4180.

To qualify you must be 62 years old (as of Dec 31, 2019) and have an annual household income of \$24,680.00 or less.

Please be sure to ask the ADRC for a complete list of qualifications and the information you will need for your appointment.

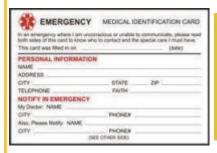


#### Wednesday, April 22 @ 10:00 am

Join the Two Rivers Fire Department at the Senior Center for discussions about:

Slips, Trips, and Falls

Medical Information - what you need and why.





#### Free Confidential Legal Assistance Appointments

The 3rd Tuesday of the month, an attorney from Nash Law Firm volunteers to spend a few minutes answering questions that you may have about estate planning, will documents and many other topics.

Schedule a personal appointment for:

March 17 at 8:00 am Call 793-5596



## Birthday Celebration Wednesday, March 11 @ 12:00 PM



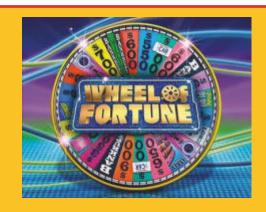
Join us for our specially prepared Birthday Lunch and Birthday Cake.
Attendees sharing a birthday this month are eligible to win a Birthday Basket!

Everyone is welcome to join us to celebrate!

All Lunch Prices:

Over 60 - \$5.00 suggested donation Under 60 - \$5.00 lunch ticket (purchase in office)

Please MAKE YOUR RESERVATION 1 DAY IN ADVANCE or SOONER... 920-793-5596



Friday, March 27 10:30 am

Try your luck at the wheel

Light snacks and prizes.
Please sign-up at 793-5596
Members: FREE; Guests: \$3





Colleen Mancheski to place an ad today! cmancheski@lpiseniors.com or (800) 950-9952 x2687



(920) 686-7378 www.ManitowocHeating.co



Heating & Air Conditioning

MANITOWOC

684-5559

#### Sharon S. Richardson



Proudly Serving
Families in
Manitowoc
County



#### **HOSPICE** is

You

Your Family and Friends Dignity and Quality of Life An Experience

#### **Sharon S. Richardson Community Hospice is:**

- Trusted care both in your home or at a care facility
  - Local care team and volunteers
    - Responsive to your needs
      - Non-profit



4411 Calumet Ave, Suite 4 Manitowoc WI 54220 920.374.4180 www.ssrhospicehome.org

answers you need to

make an informed decision

#### **HAPPY ANNIVERSARY**

JOIN US IN CONGRATULATING OUR MEMBERS CELEBRATING YEARS OF WEDDED BLISS.

March 3

Steve & Ann Sonntag

March 8

Dennis & Ruth Murphy

March 12

Brian & Darla Powell

March 18

Daniel & Sandra Kein

March 20

Richard & Barbara Laurent

March 21

Tony & Kathy Rathsack

March 22

Tony & Filvia Bohman Stanley & Elizabeth Palmer

March 28

Ronald & Theresa Pilzak

#### Opportunity to help the senior center while shopping.

If you shop online, please use **Amazon smile** - the information is on the Amazon site, they will send a donation to the Friends of the Two Rivers Senior Center. It will not add to your purchase price. Choose the Friends of the Two Rivers Senior Center as your charitable organization of choice. **THANK YOU** 



Stop by the Senior Center to have your Blood Pressure checked by a nurse from a local business.

Tuesday, March 10 at 10:30-11:30
Sharon S Richardson Community Hospice

Tuesday, March 17 at 10:00-11:00 Hamilton Care Center





#### **RED HATITTUDES**

11:30 Lunch
Thursday, March 19
Shooter Malones
901 Buffalo, Manitowoc

Our hostess this month is Sandy.

Interested in becoming a member, contact the Senior Center at 920-793-5596, or Sandy at 920-553-3233.

The temperature is...

...different in different rooms of the Community House - please dress in layers.



- ...different on different days in the Community House - please dress in layers.
- ...different in the Trust Car or on Bus Trips please dress in layers.

#### Old or Unwanted Vehicle? We will take it!

Please call the Center (793-5596) for details.

Call us when you have a vehicle of any kind that you no longer need and receive a tax donation receipt.

Motor boats, snowmobiles, anything with a motor, running or not is eligible for this service at no cost or effort for you.



#### **HELP THE SENIOR CENTER BY RECYCLING!**



Bring in your can tabs and used personal printer ink cartridges and we will turn them into cash for programs!

\*soda & beer can tabs \*soup & vegetable can tabs \*other tabs



# BIRTHDAYS

#### Members Celebrating Birthdays this Month

MARCH 1

Brian Powell Pat Radey

Arlene Schroeder

MARCH 2 Margaret Patek

MARCH 3

Gerald Glaser Diane Homeyer Robert Nething

MARCH 4

Diane Danay Helen Ertman Walter Marczak

MARCH 5

Therese Dodge Paul Hanson

MARCH 6

Carol Ahrndt Tracey Koach Eugene Schmitt Ceil Tome

MARCH 7

Paul Ruthmandorfer

MARCH 8

Marian Hearley Gloria Jasper MARCH 9

Helen Beser Bob Fromm Nancy LeClair Tony Rathsack

MARCH 10

Melvin Hagedorn Kenneth Kirchman Jim Lafond Shirley Pozorski

MARCH 11

Anity Bornemann Judy Jonas-Virnoche

MARCH 12

Sandy Boehm Dennis Murphy Anne Musial Albert Stedl

MARCH 13

**Eileen Peters** 

MARCH 14 Mary Ann Rabitz

MARCH 15

Doug Engelbrecht Betty Kannegiesser Susanne Koch Charles Weier MARCH 16

Patricia Morse Kathy Pfefferkorn Susan Segler

MARCH 17

Patricia Michalek Susan Schuh Patrick Zur

MARCH 18

Beatrice Kolarik Jennifer Phillips Joe Siebold

MARCH 19

Nancy Burridge

MARCH 20 Diane Duszynski

MARCH 21

Bill Anderson Norbert Bugler Robb Roidt

MARCH 22

Helen Barbarossa Linda Wallace

MARCH 23

Ted Goes Donald Konop Charlotte Swade MARCH 24

Carol DeGroot Jack Eis Al Zellner

MARCH 25

Leonard Henrickson Mary Juchniewich Rose Marie Schetter Glenn Shedivy

MARCH 26

Marilyn Engman Janice Tetzlaff

MARCH 27

Jolene Mauer

MARCH 28

Harold Vondruska Sue Woznick

MARCH 29

Rose Marie Andress Debra Gates Greg Ross Karen Steffen

MARCH 30

James Eis Sandra Gardine

MARCH 31

Chris Broeckert Laverne Sisel Gay Thorne Mary Wiegert

#### **BIRTHDAY TREATS**

Want to have a treat on your birthday? We have a list of options for you to choose from to treat the noon lunch guests, including bars, tortes, ice cream and more. When you treat, we treat. You will receive a mini cake with a candle & a special happy birthday from the group. Please stop in to pick the date and your treat with payment. Treat Costs vary.

Lunch Cost: Over 60 \$5.00 suggested donation. Under 60 \$5.00 lunch ticket

Everyone is welcome for lunch! All lunch prices are the same for members and non members. We are a county run nutrition site.

#### Chorus

#### Rehearsals (9:30-11:00)

Thursday, March 5

Thursday, March 12

Thursday, March 26

#### Performances (10:00-11:00)

\*Friday, March 13: Hamilton Home

\*Tuesday, March 17: Southbrook Manor

\*Wednesday, March 18 (9:30-10:30):

Meadowview

\*Friday, March 20: River Woods



Thank you to the Friends of the Two Rivers Senior Center for the new convection oven and stove.





## HELP PROTECT YOUR FAMILY & HOME

CALL NOW! 1-888-891-6806





HOME **SECURITY** TEAM

#### MEDICAL ALERT SYSTEM





## WE'RE HIRING AD SALES EXECUTIVES



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- Sales Experience Preferred
- · Paid Training
- Overnight Travel Required
- · Expense Reimbursement

**CONTACT US AT** 

careers@4LPi.com • www.4LPi.com/careers

Call today to connect with a

#### SENIOR LIVING ADVISOR

INDEPENDENT LIVING • ASSISTED LIVING • MEMORY CARE

A Place for Mom has helped over a million families find **senior living solutions** that meet their **unique needs**.



There's no cost to you! (888) 612-8951

We're paid by our partner communities

Joan Lunden, journalist, best-selling author, former host of Good Morning America and senior living advocate.







#### **AARP DRIVER SAFETY**

#### Thursday, May 21

12:15 registration; 12:30-4:30 class

- \*Defensive driving techniques, new traffic laws and rules of the road.
- \*Dealing with aggressive drivers
- \*Safely driving in bad weather

Must Pre-Register by calling 793-5596

\$15.00 AARP Members \$20.00 Non-AARP Member (pay at class)



Upon completion you may be eligible to receive an auto insurance discount.

Contact your agent for details or eligibility.

This program is supported by a generous grant from Toyota to AARP Foundation.

#### **Kitchen Wish List Items for March**

Cream Cheese Frosting
White Cake Mix
Shredded Coconut
Chocolate Chips
Sugar
Butter

We thank you for any and all donations that you give to help our nutrition program and bake sales.



#### **BOOK CLUB MEETING**

WEDNESDAY, MARCH 18 9:30 AM

The group will be discussing:
Plainsong
by Kent Haruf



Next Month: All the
Light We Cannot See
by Anthony Doerr

Books including large print are provided by the **Lester Public Library** 

#### Please call 793-5596 for more information on any of the following

#### **Activities**

71011	ricios
Bingo	Tuesday & Friday 1:15 pm
Birthday Lunch	Varies, See Calendar
Board Games	Monday - Friday
Book Club	. Third Wednesday 9:30 am
Bowling at Rudy's	Wednesday 9:15 am
Card Creators	Wednesday 10:00 am
Chorus	Varies, see Calendar
Creation Station	Varies, see Calendar
Cribbage	Wednesday 1:30 pm
Dartball	Wednesday 1:00 pm
Dominoes	Tuesday 1:15 pm
Frustration	Monday - Friday
Golf	Resumes in Spring
Knit & Stitch	Friday 1:15 pm
Mahjong	Tuesday 9:30 am
Movie Matinee	Monday 1:00 pm
Quilting	Friday 8:00 am
Sheepshead	Thursday 1:00 pm
Travel	
Day Trips	Varies
Mini Getaways	Varies
Extended Trips	Varies
International Travel	Varies
Wii Bowling Monday,	Tuesday, Thursday 8:30 am

Please see the calendar or the newsletter for additional one-time or short-term activities that we may offer.

#### **Membership Fees for Those Over 50**

Annual ..... \$20.00 per person (\$5 cash/check discount) Lifetime .\$230.00 per person (\$5 cash/check discount)

#### PLEASE SIGN UP by calling 793-5596

Do you see an event or an activity that you would like to attend? Joining us for lunch? Please stop in or call in advance so that we can get you registered for all classes, activities, lunches, etc.

#### **Two Rivers Senior Center**



#### **Exercise**

Arthritis ExerciseTuesday 10:3	}0 am
Line Dancing Friday 9:0	)0 am
Simply Senior Exercise Tuesday & Thursday 9:1	5 am
Silver Sneakers Range of Motion	
Monday & Wednesday 11:1	5 am
Silver Sneakers Yoga. Monday & Wednesday 10:1	5 am
WalkingMonday - Friday 6:0	)0 am

#### Health

Blood Pressure	. Varies,	see	Calendar
Health Screenings		See	Calendar
Foot Care		See	Calendar

#### **Dining Room**

Coffee & Visit	Monday - Friday
Lunch	Monday - Friday 12:00 noon

#### Services

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Assistance in Your Home InfoChore list
Books & DVD, Puzzles Available to borrow
Benefit Specialist First Thursday
Heat Assistance November-January
Legal Assistance Third Tuesday
Meals on WheelsPlease call the ADRC 683-4180
Newcomer TourCall for personal appointment
Reassurance CallsDuring Regular Hours
Tax AssistanceFebruary - April
Vision Assistance TV Reader Available

#### **DISCLAIMER:**

Members of the Two Rivers Senior Center consent to allow The Two Rivers Senior Center to use any photographs, videos, sound tracks, or any reproductions of these, to be used in written materials, social media or any other type of media. The Two Rivers Senior Center, a division of Parks & Recreation Department of the City of Two Rivers, is committed to providing an active and productive lifestyle for adults in the community through diversified volunteer opportunities, advocacy for adults, programming for health, recreation, education and community affairs.

	Two Rivers	Senior Center Activity Calendar March 2020	ır March 2020	
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
8:30 Committee on Aging 8:30 Wii Bowling 10:15 Silver Sneakers Yoga 11:15 Silver Sneakers ROM 1:00 Watercolor Class 1:00 Movie: Click	8:30 Wii Bowling 9:15 Simply Seniors Exercise 9:30 Mahjong 10:30 Exercise-Arthritis 1:15 Dominoes / 1:15 Bingo 1:30 A&A: Aromatherapy Wkshp	49:00 Foot Care with Sharon by appt 9:15 Bowling at Rudy's 10:00 Card Creators 10:15 Silver Sneakers Yoga 11:15 Silver Sneakers ROM 1:00 Dartball 1:30 Cribbage	AARP Tax Appointments ADRC Homestead Tax Appointments 8:30 Wii Bowling 9:15 Simply Seniors Exercise 9:30 Chorus Rehearsal 1:00 Sheepshead	6 8:00 Quilting 9:00 Line Dancing 1:15 Bingo with River Woods 1:15 Knit & Stitch
8:30 Wii Bowling 10:15 Silver Sneakers Yoga 11:15 Silver Sneakers ROM 1:00 Watercolor Class 1:00 Movie: Rocketman	40 Blood Pressure 8:30 Wii Bowling 9:15 Simply Seniors Exercise 9:30 Mahjong 10:30 Exercise-Arthritis 10:30 Blood Pressure Readings 1:15 Dominoes / 1:15 Bingo 1:30 A&A: End of Life Pre-Planning	11 Birthday Lunch 9:00 Foot Care with Pat by appt 9:15 Bowling at Rudy's 10:00 Card Creators 10:15 Silver Sneakers Yoga 11:15 Silver Sneakers ROM 1:00 Dartball 1:30 Cribbage	AARP Tax Appointments 8:30 Wii Bowling 9:15 Simply Seniors Exercise 9:30 Chorus Rehearsal 12:30 Friends Board Meeting 1:00 Sheepshead 1:30 Card Making with Carolee	8:00 Quilting 8:30 Foot Care with Lisa 9:00 Line Dancing 10:00 Chorus @ Hamilton Home 1:15 Bingo 1:15 Knit & Stitch
8:30 Wii Bowling 8:30 Wii Bowling 10:15 Silver Sneakers Yoga 11:15 Silver Sneakers ROM 1:00 Watercolor Class 1:00 Movie: Unstoppable	47 Bake Sale 8:00 Legal Assistance by appt 8:30 Wii Bowling 9:15 Simply Seniors Exercise 9:30 Mahjong 10:00 Blood Pressure Readings 10:00 Chorus @ Southbrook Manor 10:30 Exercise-Arthritis 11:15 Dominoes / 1:15 Bingo 1:30 A&A: Tinnitus	18 Book Club 9:00 Foot Care with Sharon by appt 9:15 Bowling at Rudy's 9:30 Chorus @ Meadowview 9:30 Book Club 10:00 Card Creators 10:15 Silver Sneakers Yoga 11:15 Silver Sneakers ROM 1:00 Dartball 1:30 Cribbage	19 Red Hatittudes AARP Tax Appointments 8:30 Wii Bowling 9:15 Simply Seniors Exercise 11:45 Red Hattittudes 1:00 Sheepshead	8:00 Quilting 8:00 Quilting 9:00 Line Dancing 10:00 Creation Station 10:00 Chorus @ River Woods 1:15 Bingo 1:15 Knit & Stitch
8:30 Wii Bowling 10:15 Silver Sneakers Yoga 11:15 Silver Sneakers ROM 1:00 Watercolor Class 1:00 Movie: The Best of Enemies	24 Acorns to Oak Trees 8:30 Wii Bowling 9:15 Simply Seniors Exercise 9:30 Mahjong 10:30 Exercise-Arthritis 1:15 Dominoes 1:15 Bingo with Mtwc Health	9:00 Foot Care with Sharon by appt 9:00 Foot Care with Sharon by appt 9:15 Bowling at Rudy's 10:00 Card Creators 10:15 Silver Sneakers Yoga 11:15 Silver Sneakers ROM 1:00 Dartball 1:30 Cribbage	AARP Tax Appointments 8:30 Wii Bowling 9:15 Simply Seniors Exercise 9:30 Chorus Rehearsal 1:00 Sheepshead	27 Wheel of Fortune 8:00 Quilting 9:00 Line Dancing 10:30 Wheel of Fortune 1:15 Bingo 1:15 Knit & Stitch
8:30 Wii Bowling 10:15 Silver Sneakers Yoga 11:15 Silver Sneakers ROM 1:00 Watercolor Class 1:00 Movie: Three to Tango	8:30 Wii Bowling 9:15 Simply Seniors Exercise 9:30 Mahjong 10:30 Exercise-Arthritis 1:15 Dominoes /1:15 Bingo	W.		Activities found in <b>GREEN</b> on this calendar can be found with more information in this month's newsletter.

#### **COMMITTEES/BOARDS**

#### **City of Two Rivers Committee on Aging**

Meets the first Monday of each month. William LeClair, Elizabeth Roidt, Richard Langman, Donna Reilly, Lenore McDonough, RuthAnn Hearley, Jerry Schubring, Gerald Lyons, Dave Schmaling.

#### Friends of the Two Rivers Senior Center

The Friends of the Two Rivers Senior Center is a qualifying 501(c)3 corporation and may receive grants from foundations and donations to us are tax-deductible to the donors. If you are interested in making a tax-deductable donation, please call 793-5596.

#### Friends of the Two Rivers Senior Center Board

Meets the second Thursday of each month. Barb Schweitzer-President, Tom VanHorn-Vice President, Betty Becker—Treasurer, Bonnie Jonas-Financial Secretary, Anne Dirkman-Secretary, Ann Plansky, and Carol Rabitz-members.

#### **Nutrition Project Council**

The council meets 4 times a year. The Nutrition Coordinator as well as representatives from every dining site discuss information related to the Nutrition Program, Aging & Disability Resource Center of the Lakeshore, legislative changes, senior issues and much more.

Two Rivers Site Representative: Patrick Gagne

#### **Committee on Aging**

The Two Rivers Committee on Aging identifies concerns of older citizens and makes recommendations regarding policy and procedures to best protect the well-being, rights, and quality of life of older citizens.

Committee on Aging meets the first Monday of each month at 8:30 am in the Community House.

Members are appointed by the City Manager and confirmed by the City Council to serve a 3 year term.

People interested in being on this committee can call Tammy at 920-793-5590 or stop at the Senior Center to pick up your Committee Volunteer Application.

#### **TRANSPORTATION**

TRUST Car Door-to-Door	920-793-5596
Assist To Transport	920-682-8823
Maritime Metro (bus)	920-686-3560
One-Stop-Shop/Mobility Management	920-686-6977

#### **Cash Donations**

All cash donations to the Friends of the Two Rivers Senior Center will be used for TRUST car, Meals on Wheels, Programs, Special Events and projects around the senior center as they arise. Tax deductible receipt available per your request for your donation.



#### Two Rivers Unique Senior Transportation

#### T.R.U.S.T. Car

The Senior Center TRUST Car is available to take you to do your Two Rivers errands. Schedule your shopping trip, visit to a friend, pharmacy, doctor or dentist, hair appointment and bank visits. Please call at least the day before (or earlier!) so that we can schedule your ride (920-793-5596). This service is for those 50 years & older, living in Two Rivers. We ask that you be a member of the Senior Center (just \$15 a year to have all membership privileges). TRUST cards are purchased -10 punches on each card, one punch per ride/stop. Rides are scheduled at times between 8:15-3:45 Maintenance expenses are sponsored by the Friends of the Senior Center, fundraisers, as well as funds received from the rides.



Lifetime Memberships Available Pay Just Once!

Membership at the Center is open to <u>anyone 50 + years</u> of age and is a wonderful way to stay engaged, socialize, maintain wellness, have fun and so much more!

Our annual fee is \$20 per person or \$230 for a Lifetime membership (\$5 cash/check discount)

#### Thank You for your Donation

#### General

Patrick Gagne, Tera Holewinski, Shirley Jarvis, Louie Rusch, Jean Sauer.

Thanks to all and to the numerous anonymous donations, and donations of cards, books, magazines, movies, small trinkets, crafts, yarn, etc. that we receive each month.



#### **Supporting Businesses & Organizations**

ADRC of the Lakeshore Aurora Medical Center Bank First National Bay Bus Care Partners Assisted Living Covered Wagon Restaurant Deja & Martin Funeral Home **Dominitz Flowers** Edward Jones/Joseph Debilzen Felician Village Fox Hills Resort Hamilton Care Center (Bingo, Blood Pressure) Hofmann Monuments, Inc Klein & Stangel Funeral Home Lakeshore Family Funeral Homes Lester Public Library (Book Club Books) Lighthouse Inn Manitowoc Health & Rehab Manitowoc Heating Manitowoc Metro Transit Meadowview Assisted Living

Mishicot Housing Corp Parkview Haven Apartments River Hills Apartments River's Bend Health Service River Woods Place (sponsor, Bingo, Creation Station) Sauve's Office & Supply Schaus Roofing & Mechanical **Shady Lane Senior Living** Sharon S Richardson Hospice (sponsor, Blood Pressure) Shimek's Furniture Society of St. Vincent De Paul The Medicine Shoppe Two Rivers Family Restaurant Two Rivers TRIAD Committee **Unity Hospice** Valley View Apartments VFW #1248 (Veterans of Foreign Wars Two Rivers) Village Green East & West Wisconsin Management Co., Inc.

#### **Birthday Donations**

#### Dolly Franks Glenda Sherman

Cash birthday donations are used to purchase birthday baskets items for baskets that are raffled to lucky members who are celebrating their Birthday and attending the Birthday dinner.





#### We are looking for kitchen volunteers.

Kitchen volunteers typically help from 8:00 am—1:00 pm one or more days a month (Monday-Friday). Volunteers help prepare meals and desserts and clean-up (under the direction of our kitchen staff) for our Home Delivered Meal & Nutrition Program.



The Senior Center may close due to Severe Weather.
When the Senior Center is <u>closed</u>, there are NO activities, classes, exercise classes, programs, Trust Car rides, noon lunch, and No Home Delivered Meal deliveries.

Tune into one of the following for closing announcements: Radio: WDOR (910AM or 93.9 FM), WOMT (1240AM), WCUB (980AM), or WHBL (1330AM)

Television: WBAY (CH 2) or WFRV (CH 5)

If a winter storm is predicted, please try to keep some of the following food and items on hand to use if you get snowed in and/or the Senior Center (lunch) or other businesses are closed.

#### Help Us Help You



Please let us know what types of programs and activities you would either like to see at the Center or see more of. Please be as specific as possible and we will work to make these happen with enough interest. Drop off this form at the Center office or email your suggestions to micmic@two-rivers.org.

Programs/Activities:

Time you would like to see this available (circle as many as you like):

Monday Morning Wednesday Morning Friday Morning
Monday Afternoon Wednesday Afternoon Friday Afternoon

Tuesday Morning Thursday Morning other:

Tuesday Afternoon Thursday Afternoon