

Two Rivers Senior Center Activity Calendar January 2020

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 CLOSED 	2 8:30 Wii Bowling 9:00 ADRC Benefit Specialist 9:15 Simply Seniors Exercise 1:00 Sheephead	3 8:15 Zumba Gold Seated 9:00 Line Dancing 9:00 Farewell to Laura Party 1:15 Bingo with River Woods 1:15 Knit & Stitch
	6 NO Committee on Aging 8:30 Wii Bowling 10:15 Silver Sneakers Yoga 11:15 Silver Sneakers ROM 1:00 Movie: The Lion King	7 8:30 Wii Bowling 9:15 Simply Seniors Exercise 9:30 Mahjong 10:30 Exercise-Arthritis 1:15 Dominoes 1:15 Bingo	8 Elvis Trivia 9:00 Foot Care with Sharon by appt 9:15 Bowling at Rudy's 10:00 Card Creators 10:15 Silver Sneakers Yoga 10:30 Elvis Trivia 11:15 Silver Sneakers ROM 1:00 Dartball 1:30 Cribbage	9 Card Making 8:30 Wii Bowling 9:15 Simply Seniors Exercise 12:30 Friends Board Meeting 1:00 Sheephead 1:30 Card Making with Carolee
13 8:30 Wii Bowling 10:15 Silver Sneakers Yoga 11:15 Silver Sneakers ROM 1:00 Movie: Freedom	14 Energy Assistance 8:30 Energy Assistance by appt 8:30 Wii Bowling 9:15 Simply Seniors Exercise 9:30 Mahjong 10:30 Exercise-Arthritis 1:15 Dominoes 1:15 Bingo	15 Birthday Lunch 9:00 Foot Care with Pat by appt 9:15 Bowling at Rudy's 9:30 Book Club 10:00 Card Creators 10:15 Silver Sneakers Yoga 11:15 Silver Sneakers ROM 1:00 Dartball 1:30 Cribbage	16 8:30 Wii Bowling 9:15 Simply Seniors Exercise 11:45 Red Hattitudes @ Sr Center 1:00 Sheephead	17 Creation Station 8:00 Quilting 9:00 Line Dancing 10:00 Creation Station 1:15 Bingo 1:15 Knit & Stitch
20 8:30 Wii Bowling 10:15 Silver Sneakers Yoga 11:15 Silver Sneakers ROM 1:00 Movie: Little Women	21 BAKE SALE 8:00 Legal Assistance by appt 8:30 Wii Bowling 9:15 Simply Seniors Exercise 9:30 Mahjong 10:30 Exercise-Arthritis 1:15 Dominoes 1:15 Bingo with Mtwc Health	22 PO-KE-NO 9:00 Foot Care with Sharon by appt 9:15 Bowling at Rudy's 10:00 Card Creators 10:15 Silver Sneakers Yoga 10:30 PO-KE-NO 11:15 Silver Sneakers ROM 1:00 Dartball 1:30 Cribbage	23 8:30 Wii Bowling 9:15 Simply Seniors Exercise 1:00 Sheephead	24 8:00 Quilting 9:00 Line Dancing 1:15 Bingo 1:15 Knit & Stitch
27 8:30 Wii Bowling 10:15 Silver Sneakers Yoga 11:15 Silver Sneakers ROM 1:00 Movie: Abduction	28 Alzheimer's Program 8:30 Wii Bowling 9:15 Simply Seniors Exercise 9:30 Mahjong 10:30 Exercise-Arthritis 1:00 Alzheimer's Program 1:15 Dominoes 1:15 Bingo	29 9:00 Foot Care with Sharon by appt 9:15 Bowling at Rudy's 10:00 Card Creators 10:15 Silver Sneakers Yoga 11:15 Silver Sneakers ROM 1:00 Dartball 1:30 Cribbage	30 Annual Meeting 8:30 Wii Bowling 9:15 Simply Seniors Exercise 1:00 FRIENDS Annual Meeting 1:00 Sheephead	31 Senior Superbowl 8:00 Quilting 9:00 Line Dancing 10:00 Senior Superbowl 1:15 Bingo 1:15 Knit & Stitch