

Two Rivers Senior Center Activity Calendar December 2019

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 8:30 Committee on Aging 8:30 Wii Bowling 9:00 Quilting 10:15 Silver Sneakers Yoga 11:15 Silver Sneakers ROM 1:00 Movie: Won't You Be My Neighbor 1:00 Medicare Part D by appt	3 8:30 Energy Assistance by appt 8:30 Wii Bowling 9:00 Medicare Part D by appt 9:15 Simply Seniors Exercise 9:30 Mahjong 10:00 Chorus @ Mtwc Healthcare 10:30 Exercise-Arthritis 1:15 Dominoes / 1:15 Bingo Christmas Cookie frosting	4 9:15 Bowling at Rudy's NO Card Creators 10:15 Silver Sneakers Yoga 11:15 Silver Sneakers ROM 1:00 Dartball 1:30 Cribbage Christmas Cookie frosting	5 Double Fun Trivia 8:30 Wii Bowling 9:00 ADRC Benefit Specialist 9:15 Simply Seniors Exercise 10:00 Double Fun Trivia 10:00 Chorus @ Hamilton Care 1:00 Sheepshead Christmas Cookie Sale	6 9:00 Line Dancing 10:30 Chorus performance 1:15 Bingo with River Woods 1:15 Knit & Stitch Christmas Cookie sale
9 8:30 Wii Bowling 9:00 Quilting 10:15 Silver Sneakers Yoga 11:15 Silver Sneakers ROM 1:00 Movie: Hotel Rwanda 6:00 Group Home Sing-A-Long	10 8:30 Wii Bowling 9:15 Simply Seniors Exercise 9:30 Mahjong 10:00 Blood Pressure by River's Bend 10:00 Chorus @ Northridge 10:30 Exercise-Arthritis 1:15 Dominoes 1:15 Bingo with Hamilton Care Center	11 Birthday Lunch 9:00 Foot Care with Sharon by appt 9:15 Bowling at Rudy's 10:00 Card Creators 10:15 Silver Sneakers Yoga 11:15 Silver Sneakers ROM 1:00 Dartball 1:30 Cribbage	12 8:30 Wii Bowling 9:15 Simply Seniors Exercise 10:00 Chorus @ Southbrook 11:30 Red Hattitudes 12:30 Friends Board Meeting 1:00 Sheepshead Christmas Stars Trip	13 8:30 Foot Care with Lisa 9:00 Line Dancing 10:00 Chorus @ River's Bend 1:15 Bingo 1:15 Knit & Stitch
16 8:30 Wii Bowling 9:00 Quilting 10:15 Silver Sneakers Yoga 11:15 Silver Sneakers ROM 1:00 Movie: Gifted 4:00 Kentucky Pot Luck	17 BAKE SALE 8:00 Legal Assistance by appt 8:30 Energy Assistance by appt 8:30 Wii Bowling 9:15 Simply Seniors Exercise 9:30 Mahjong 10:00 Chorus @ Meadow View NO Exercise-Arthritis 1:15 Dominoes 1:15 Bingo/ 2:10 Ugly Sweater Contest	18 9:00 Foot Care with Pat by appt 9:15 Bowling at Rudy's 9:30 Book Club 10:00 Card Creators 10:15 Silver Sneakers Yoga 11:15 Silver Sneakers ROM 1:00 Dartball 1:30 Cribbage	19 Christmas Party 8:30 Wii Bowling 9:15 Simply Seniors Exercise 10:00 Blood Pressure by Hamilton Care 11:00 Christmas Entertainment 1:00 Sheepshead	20 Creation Station 9:00 Line Dancing 10:00 Creation Station 10:00 Chorus @ Village Green E. 1:15 Bingo 1:15 Knit & Stitch
23 8:30 Wii Bowling NO Quilting 10:15 Silver Sneakers Yoga 11:15 Silver Sneakers ROM 1:00 Movie: Philomena	Closed December 24 & 25 Merry Christmas		26 8:30 Wii Bowling 9:15 Simply Seniors Exercise 1:00 Sheepshead	27 9:00 Line Dancing 1:15 Bingo 1:15 Knit & Stitch
30 8:30 Wii Bowling NO Quilting 10:15 Silver Sneakers Yoga 11:15 Silver Sneakers ROM 1:00 Movie: Wall Street: Money Never Sleeps	31 Noon Year's Eve 8:30 Wii Bowling 9:15 Simply Seniors Exercise 9:30 Mahjong NO Exercise-Arthritis 11:00 Noon Year's Entertainment NO Dominoes NO Bingo	The following classes will not be held in December: Cardio Drumming Zumba Gold Zumba Gold Seated		Activities found in RED on this calendar can be found with more information in this month's newsletter.

